



## Action to help the Victim and prevent Bullying in Sport:

- Take all signs of bullying very seriously
- Encourage all children to speak and share their concerns. Help the victim to speak out and tell the person in charge or someone in authority. Create an open environment.
- Investigate all allegations and take action to ensure the victim is safe. Speak with the victim and the bully(ies) separately
- Reassure the victim that you can be trusted and will help them, although you cannot promise to tell no one else.
- Keep records of what is said (what happened, by whom, when)
- Report any concerns to the person in charge at the club or school(wherever the bullying is occurring)

## Action towards the Bully (ies)

- Talk with the bully (ies), explain the situation, and try to get the bully (ies) to understand the consequences of their behaviour. Seek an apology to the victim(s)
- Inform the bully's parents
- Insist on the return of borrowed items and that the bully (ies) compensates the victim.
- Provide support for the coach of the victim.
- Impose sanctions as necessary.
- Encourage the bully (ies) to change behaviour.
- Hold meetings with the families to report on progress.
- Inform all organisation Members of action taken.
- Keep a written record of action taken.